

FIRST AID WORKSHOP EVALUATION

We thank God, FEDICE, and the missionaries for helping to train us in this area, as Pijal is a rural community where the local health center does not provide adequate care.

The first aid training and the topics covered were extremely helpful; the 20 workshop participants highlighted the following subjects:

- How to provide aid for injuries and broken bones.
- How to help someone who is choking.
- How to treat burns.
- How to suture a wound.
- Learning CPR.

These topics met the expectations of the course attendees, as they are individuals who regularly interact with children and grandchildren, or serve as guardians or teachers.

We would like to learn more about managing digestive system issues, given that the community's water is not safe for consumption—yet children drink it straight from the tap—and we need to know how to prevent and treat related problems, as well as how to prepare homemade rehydration solutions.

We acknowledge the effort put forth by the sisters who conducted the workshop; it was a source of great blessing and learning.

We also wish to express our gratitude for equipping the church's medical room with blood pressure monitoring equipment and a first aid kit; this will benefit the community, especially the elderly. We can only say: May God reward you for your help.

Sincerely,

Gladys Gonza
Carmen Castañeda